

Policies of course delivery method after May 8, 2023

May, 2023

Faculty of Science

Graduate School of Science

Faculty of Science and Graduate School of Science offer classes under the following policies after May 8th, 2023 as [the UTokyo reduced Activity Restriction to Level “S”](#).

1. Use of Masks

Wearing a mask is based on respecting the subjective choice of individuals and entrusting it to individual judgment. However, please respond appropriately in the following cases.

- When the instructor in charge of the class determines that it is necessary to wear masks due to the style or method of the class, or not wearing one when the instructor in charge of the class determines that masks interfere with the operation of the class.
- The following situations where wearing a mask is effective in the ["Review of the concept of wearing a mask"](#) decided by the government on February 10.
 - When visiting medical institutions or facilities for the elderly, etc.
 - When travelling on crowded trains or buses, such as during rush hours.
 - When a person with a high risk of becoming seriously ill goes to a crowded place during a period when infection is spreading, etc.

2. Implementation of basic infection control measures

Given the implementation of basic infection control measures are still effective, please pay attention to avoiding the “Three Cs”, “Ensuring distance between people”, “Hand hygiene such as washing hands”, “Ventilation”, etc.

3. If you become infected with the coronavirus infection

Whether or not to refrain from going out is a personal decision by revising the ordinances of ministries. Please also refer to the following information.

- Period during which it is recommended to refrain from going out

Since the risk of infecting others is particularly high during the first 5 days after the onset of symptoms, refrain from going out for 5 days, counting the day of onset as day 0. Even if you have no choice but to go out, make sure that you do not have any symptoms and wear a mask. In addition, if symptoms persist on the 5th day, it is recommended that you refrain from going out until about 24 hours have passed from when the symptoms have eased. If the symptoms are severe, consult a doctor.

The Japanese version is the authoritative version, and this English translation is intended for reference purposes only.

For more details, please see the [“Guidelines to Prevent the Spread of COVID-19”](#) as of May 8th, 2023.

※Depending on the nature of the class and the course, such as experiments and practical training, it may not be possible to take the course online.

※Depending on the subject, examinations may be held face-to-face, so please check with the instructor in charge of the subject or the department office.

If a group of students, faculty or staff are affected at the same time and within the same activity unit, which is the conventional guidelines of an outbreak (5 or more affected people in the same activity unit at the same time), and an incident occurs that is considered to have a significant impact on the education, research or administrative activities, please report the number of people, the date, time, place, background etc. through [the Faculty/Graduate School of Science Form](#).

You can find the University Activity Restriction Level in the link below. The information on the web site is subject to change.

<https://www.u-tokyo.ac.jp/covid-19/en/policies/index.html>

If the university changes the “University Activity Restriction Level”, the policies of course delivery method may also be revised. In such case we will announce the new policies accordingly. Please therefore check the latest information.

Contact:

○ Regarding “3. If you become infected with the coronavirus infection”

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